Advanced Practice Physiotherapy in Primary Care...
A New Era...
Cathy Wynne & Robert Caine. BCUHB.

Background
The primary care workforce is under severe pressure with insufficient GPs to meet current and predicted health care needs. Innovative change is necessary to provide a sustainable primary care workforce. Advance physiotherapy practitioners (APPs) can take on the musculoskeletal (MSK) workload in primary care (25-30%), becoming the first point of contact, as well as the gate keepers into secondary care MSK services.

Aims
1. First point of contact for MSK in primary care
2. Improve local access to MSK services.
3. Reduce demand on secondary care MSK services.

Methods
- Advanced MSK assessment prior to referral.
- Scheduled Clinics within the GP Surgery.
- Train reception staff to triage.
- 20 minute slots. 10 -12 patients per session.

Results (Jan 2015 –Oct 2017)

<table>
<thead>
<tr>
<th>Patients Seen</th>
<th>1st Point of Contact</th>
<th>GP Contact</th>
<th>Review Rate</th>
</tr>
</thead>
<tbody>
<tr>
<td>30672</td>
<td>39%</td>
<td>&lt;1%</td>
<td>8%</td>
</tr>
</tbody>
</table>

Extended scope skills required in 14% of cases

Physio Referrals

Excellent results for PSQ’s.
Complimentary letters from pts.
Excellent feedback from GP’s

CSP Cost Calculator

<table>
<thead>
<tr>
<th></th>
<th>Cost</th>
</tr>
</thead>
<tbody>
<tr>
<td>GP seeing 9696</td>
<td>£211,227.00</td>
</tr>
<tr>
<td>APP (8a) seeing 4848</td>
<td>£87,442.00</td>
</tr>
<tr>
<td>ESP (B7) seeing 4848</td>
<td>£72,251.00</td>
</tr>
<tr>
<td>Cost Saving</td>
<td>£51,534.00</td>
</tr>
</tbody>
</table>

Conclusion
Increased GP capacity (9696).
Reduced demand on secondary care for the period 2016/17(2868).
Improved local access to services.
Management of MSK in primary care
Minimal need for GP intervention (<1%).
Savings proven by the CSP cost calculator.

Acknowledgements
CSP Therapy Senior Management Team & Physiotherapy Staff. BCUHB. CMATS (BCUHB). GP & Consultant Mentors (BCUHB).

References
Framework for Advanced Nursing, Midwifery and Allied Health Professional Practice in Wales.
CSP Cost Calculator – Andy Lord.